

## See the Annual Member Notice for important plan information and reminders, including:

### How to:

- Find a doctor, hospital or other network provider on **myuhc.com®**. To request a printed directory, call the member phone number on your health plan ID card.
- Get care; routine, preventive, specialty, urgent, after-hours ER, out-of-area and behavioral health care
- Check your benefit coverage, exclusions, restrictions, costs of care, pharmacy benefits and notification procedures
- Look up or submit claims; submit an appeal or complaint
- Get a new ID card

### Information and Notices:

- Member rights and responsibilities
- Financial incentives and evaluation of new technology disclosures
- Quality Improvement Program and outcomes
- Notification requirements; medical services; case/disease management programs
- Women's Health and Cancer Rights Act; Newborns' and Mothers' Health Protection Act
- Health Plan Notices of Privacy Practices
- Language Assistance and Nondiscrimination notices
- Federal Mental Health Parity and Addiction Equity Act

To view the Annual Member Notice, go to **uhc.com/annual-notices** and select the code **FI**. To get a paper copy of the annual notice, simply mail this card back to us. Information from United Behavioral Health is available at **www.liveandworkwell.com/newsletter** or by calling the mental health phone number on your ID card.

If your address has changed, please print your new address. To have future mailings sent to your new address, ask your employer to update your eligibility file.